| | | | Downtown Studio 1 | | | |
|---------------------------------|------------------------------------------|-------------------------------------------------------|------------------------------------------------|-------------------------------------------|--------------------------------------------|-------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | Adult Beginner Ballet 11:30-12:30 (Adri) | Day Program 10-2 (grade 5-12) | Day Program 10-2 (grade 5-12) | Day Program 10-2 (grade 5-12) | Ballet 1/2 9:30-10:15 (Anna/Leah) | |
| | Adult Beginner Tap 12:30-1:30 (Adri) | | Adult Intermediate Ballet 11:00-12:15 (A | dri) | Beginner Jazz 10:15-11 (Anna/Leah) | |
| | | | Adult Inter/Advanced Tap 12:15-1:30 (Ad | Company Jazz Tech 4-5 (Anna) | Beg-Inter Lyrical/Contemporary 11:30-12:30 | (Anna/Leah) |
| | Strength and Stretch 4-4:45 (Anna) | | NEW! Dance Cirque/Acro with Aerial Sil | Advanced Jazz 5-6 (Adri) | Ballet 5/6 12:45-2 (Adri/Leah) | |
| | Adv. Lyrical 4:45-6 (Leah/Anna) | | Little Monkeys (age 2-4) 1:30-2:30 | | NEW! Dance Cirque/Acro with Aerial Silks | |
| | company breaks built-in | | Dance Cirque (5-7) 4-5:30 | company breaks built-in | Little Monkeys (age 2-4) 2-3 | |
| | Pre-Company (audition) 6-7:30 | | Dance Cirque (8+) 4-5:30 | Novice Company (audition) 6-8 | Dance Cirque (5-7) 2-3:30 | |
| | Company (audition) 6-8 | | Adult Intermediate Jazz 5:45-7 (Adri) | Company (audition) 6-8 | Dance Cirque (8+) 2-3:30 | |
| | | | Downtown Studio 2 | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | Day Program 10-2 (grade 5-12) | | Pointe Year 1/2 3:15 -4:15 (Adri) | PBT 4-5 (Adri) | Pre-kinder Ballet 9:30-10:15 (Leah/Anna) | |
| | | | Beginner Tap 4:15-5 (Adri) | | Mini Jazz 10:15-11 (Leah/Anna) | |
| | Beginner Ballet 4:30-5:15 (Leah) | | Beginner Jazz 5-5:45(Adri) | | Ballet 3/4 12:45-1:45 (Anna/Leah) | |
| | Beginner Jazz 5:15-6 (Leah/Anna) | | | | | |
| | | | Mill Bay Kerry Park | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| Beginner Tap 4-4:45(Adri) | | Tap Company (audition) 4-5 (Adri) | | Adult Intermediate Ballet 12:30-1:30 (Ad | Pre Kinder Ballet 10-10:45 (Adri) | |
| Beginner Jazz 4:45-5:30(Adri) | | Teen Intermediate Jazz 5-6(Adri) | | | Pre Kinder Tap 10:45-11:30 (Adri) | |
| | | | | | | |
| | | | | | Mini Ballet 3:15-4 (Adri) | |
| | | | | | Mini Tap 4-4:45 (Adri) | |
| | | | | | Mini Jazz 4:45-5:30 (Adri) | |
| | | | Hub Cobble Hill | | | |
| | | Wednesday | | | | |
| | | Waldorf Pre-Kinder Musical Movemen | t (3-5) 4-4:45 (Leah) | | | |
| | | Musical Theatre/Stage 5-6:30 (Leah) | (2001) | | | |
| | | Musical Medite/Stage 5 0.50 (Ecan) | | | | |
| Schedule is subject to change u | ntil September 30. 2024 | | | | | |
| | | rs are learning among their peers and at | a level which is safe and appropriate to skill | level. Below is an age guideline: | | |
| | ginner (7+) Intermediate (10+) Advanced | | | | | |
| | | | Advanced = many years of experience, recom | nmended to the advanced level by a facult | v member | |
| 220 mier Stadenis Just startin | o suc intermediate some years or experie | mes, no longer considuered beginners / | many years of experience, recoil | | , | |
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